

**WALNUT VALLEY UNIFIED SCHOOL DISTRICT**

JOB TITLE: CERTIFIED ATHLETIC TRAINER

**BASIC FUNCTION**

Under direction, to carry out a program for the care, treatment, rehabilitation, and prevention of physical injuries to participants in the athletic programs and physical performance activities; and to do other related work as required. Incumbents in this classification provide medical care related to athletic injuries, illnesses, and conditions to student-athletes; and academic support to student-athletes, which directly supports learning.

**ESSENTIAL JOB FUNCTIONS**

- Evaluates all initial athletic injuries and performs appropriate medical care
- Recommends appropriate medical care related to athletic injuries, illnesses and conditions to student-athletes, parents and appropriate school personnel
- Provides athletic injury documentation and injury surveillance-to all necessary and appropriate parties (e.g., parents, school personnel, health care professionals)
- Performs follow-up treatment and rehabilitation under physician's directions
- Recommends and implements appropriate preventative measures to avoid athletic injuries, illnesses and conditions
- Has primary responsibility for preventative taping wrapping, bracing, and padding of injured areas to the student athlete
- Is available for athletic practices, home games, and specified away games to render athletic training services as necessary
- Provides the scheduling of physical examinations for the student athletes
- Provides reports to coaches and school personnel on injuries and statuses of student-athletes under treatment
- Certifies medical eligibility of student-athletes to return to the athletic programs
- Serves as a liaison between physicians, coaches, athletes and parents
- Provides accurate medical referrals to appropriate physicians
- Assists Head Coaches in off-season in the conditioning, rehabilitation, and maintenance of physical fitness as requested
- Consults with the Athletic Equipment Attendant on the proper fitting, of all regular and protective equipment
- Assists with the budgeting, ordering and inventorying of athletic training supplies
- Operates ultrasound, electrical muscle stimulation, and other therapeutic modalities approved by District medical oversight, team physician, or other CA licensed health care practitioners Maintains all forms and reports related to athletic injuries, rehabilitation and clearance
- Provides reports to coaches and other school personnel as required on injuries and statuses of student-athletes under treatment
- Assists in arranging for physician and/or ambulance coverage at games when so required
- Counsels and advises athletes on health-related issues, including nutrition and substance abuse
- Supervises high school sports medicine students, and college interns from Athletic Training Education Programs (ATEP)
- Assists in the development of campus-wide venue-specific Emergency Action Plans
- May attend coaches' meetings
- Perform other duties related to the class as assigned

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**JOB REQUIREMENTS – QUALIFICATIONS****Skills, Knowledge and/or Abilities Required:**Skill to:

- Promote the prevention and care of athletic injuries under the supervision of a physician
- Implement physician instructions related to athletic injuries and treatment using appropriate methods to facilitate injury protection, recovery, and/or optimal functioning for individual(s)
- Assist coaches and student athletes in the prevention of injuries by all available means including conditioning, protective equipment, braces, splints, assistive devices, exercising, taping, therapeutic modalities, and training techniques
- Educate and train coaches, parents and student athletes in injury prevention, treatment and reconditioning of athletic injuries

Knowledge of:

- Measures related to the prevention, minimization of athletic injuries, and wellness protection through appropriate use of personal equipment and accepted procedures and guidelines
- Early recognition, evaluation, and assessment of current or potential injury, illness or health-related condition; care of athletic injuries, including accurate assessment of the type and severity of injuries to determine appropriate course of action
- Appropriate, immediate and emergency care procedures to prevent the exacerbation of non-life-threatening and life-threatening health conditions
- Rehabilitation and reconditioning of athletic injuries to minimize the risk of re-injury
- Injury referral methods to appropriate medical professionals to restore an individual's optimal functioning
- Health care administration including medical record keeping, documentation, and reporting of injuries, writing of policies and procedures, and budgeting

Ability to:

- Abide by physician's instructions and recommendations
- Organize and maintains a variety of records (e.g., incident reports, daily injury reports, athletic pre-participation physicals, and physician clearance forms)
- Compile injury data and provide preventative measures for coaches and athletes Establish and maintain positive and effective working relationships
- Work courteously and tactfully with co-workers, public and parents
- Promotes team building and a positive work environment
- Adapt easily to work assignments, additional priorities and new procedures
- Attend athletic events as scheduled, team practices and away games on weekends and during the evenings
- Receive constructive criticism and modify work appropriately
- Prioritize and identify needs and solve problems independently as appropriate
- Suggest procedural improvements to superior as appropriate
- Skillfully handle difficult situations using good judgment
- Maintain high level of professionalism in keeping the needs of customers a top priority
- Understand and carry out oral and written directions

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### **PHYSICAL DEMANDS**

Persons performing service in this position classification will be expected to perform heavy work involves lifting no more than 100 pounds at a time with frequent lifting or carrying of objects weighing up to 50 pounds. If someone can do heavy work, it is deemed that he or she can also do medium, light, and sedentary work. *(Per the Code of Federal Regulations – Section 404.1567 “Physical Exertion Requirements”)*

Reasonable accommodation may be made to enable a person with a disability to perform the essential functions of the job.

### **EXPERIENCE AND EDUCATION REQUIREMENT**

#### Experience:

One (1) year of experience working as a certified athletic trainer in an athletic training environment. Secondary school setting is preferred.

#### Education:

Bachelor’s degree from a Commission on Accreditation of Athletic Training Education (CAATE) accredited Athletic Training Education Program (ATEP) college or university.

### **LICENSE AND/OR CERTIFICATE REQUIREMENT**

- Possession of a valid Class C or higher California Motor Vehicle Operator's License in order to drive District-assigned vehicle
- Possession of a valid Board of Certification Certified Athletic Trainer Certification
- Possession of a current American Red Cross or American Heart Associate Professional Rescuer Certificate, or similar, accepted by the Board of Certification (BOC) for the Athletic Trainer